

Summary of Morale, Welfare and Recreation (MWR) Programmes 2014

PROGRAMMES	NO. OF PARTICIPANTS		
	MALE	FEMALE	TOTAL
<i>FITNESS PROGRAMS</i>			
Gym Workout	4218	270	4488
Aerobics	42	128	170
Zumba	0	30	30
<i>SPECIAL EVENTS/ACTIVITIES</i>			
Women's Month Activities	49	690	739
2013 Loyalty Award	27	56	83
Global Corporate Challenge Event	13	1	14
National Wellness Day	17	51	68
HRDD MWR Social Activity	20	48	68
Corporate Office Bingo Socials	1014	570	1584
<i>SPORTS PROGRAMS</i>			
Fun Run	153	115	268
Golf Tournament	37	6	43
Sports Fest / Mini-Olympics	20	13	33
Football / Futsal	18	2	20
Badminton Tournament	24	16	40
Shooting Clinic / Competition	49	17	66
Bowling Clinic / Tournament	45	35	80
Basketball Tournament	402	49	451
Darts Tournament	90	3	93
Tennis Clinic	10	5	15
Swimming Clinic	20	10	30
Chorale Competition	14	11	25

Volleyball Tournament	12	13	25
Chess Tournament	13	1	14
Billiards Tournament	41	11	52
<i>HOBBIES AND INTERESTS / LIVELIHOOD PROGRAMS</i>			
Cakes and Muffins	98	103	201
Pastry Making	43	45	88
Pinoy Delicacies	26	19	45
Dimsum Recipes	26	22	48
Real Estate Brokerage	17	13	30
Hair Styling and Make-up	8	62	70
Facial / Foot Spa, Macro-Dermabrasion	10	41	51
Financial Wellness Seminar	17	13	30
Christmas Décor Making (Recycled Materials)	19	17	36
Asian Fuzion / Perfume Making	15	10	25
Pulutan Time	20	10	30
Spreads and Mayonnaise Making	0	30	30
Meat Processing 1	0	79	79
Massage and Reflexology	51	23	74
<i>SPIRITUAL ENRICHMENT PROGRAM</i>	81	109	190
TOTAL	<u>6779</u>	<u>2747</u>	<u>9526</u>