

**SUMMARY OF MWR EVENTS/ACTIVITIES
FOR THE PERIOD JANUARY TO DECEMBER 2017**

ACTIVITY		NO. OF PARTICIPANTS		
		MALE	FEMALE	TOTAL
FITNESS PROGRAMS				
1	Gym Workout	2668	362	3030
SPECIAL EVENTS				
<i>CORPORATE</i>				
1	Women's Month Activities			
	Opening Ceremony with CEO	44	214	258
	Heroes on Call "Run for a Cause"	2	78	80
	Glam Photoshoot	11	51	62
	Yoga	0	22	22
	Pilgrimage	9	65	74
	Kenpo Self Defense Training for Women	0	6	6
	Interactive Legal Lecture	76	164	240
	Ballroom Dancing Sessions	17	67	84
	Ladies' Afternoon Delight (Ballroom Dance Exhibition)	25	80	105
	Culmination Activity	48	246	294
2	20 Years Loyalty Awards	337	105	442
3	2017 Corporate Employees Bingo Social	1161	980	2141
<i>SATELLITE OPERATIONS GROUP 1</i>				
1	Women's Month Pa-Bingo kay Juana sa SOG 1	0	42	42
2	SOG1 Summer Thanksgiving and Teambuilding Activity	370	127	497
<i>SATELLITE OPERATIONS GROUP 2</i>				
1	SOG2 - Summer Outing/Party	242	135	377
2	SOG2 - Bingo Social	47	25	72
<i>SATELLITE OPERATIONS GROUP 3</i>				
1	Women's Month Facial, Foot Spa & Body Massage	0	49	49
2	SOG3 Summer Outing	200	183	383
<i>SATELLITE OPERATIONS GROUP 4</i>				
1	Women's Month "PAMPER YOURSELF" raffle promo	0	20	20
<i>SATELLITE OPERATIONS GROUP 5</i>				
1	Women's Month Activities			
	Beautification (Foot Spa & Body Massage)	0	17	17
	Zumba	0	10	10
2	SOG5 Summer Outing	100	104	204
<i>CF ANGELES</i>				
1	Women's Month Activities			
	Launching	5	43	48
	Ladies' Night	1	34	35
2	CF ANGELES MWR Summer Outing	178	62	240
<i>CF BACOLOD</i>				
1	Women's Month Activities			
	Opening of Women's Month	0	38	38
	Zumba	0	129	129
	Trade Fair Opening	0	50	50
	Painting Lessons	0	16	16
	FBS Screening	0	55	55
	Soap / Food Carving	0	19	19
	Substance Abuse in Workplace	0	59	59
	Introduction to Yoga	0	11	11
	Coping with Menopause	0	18	18
	Blood letting	0	23	23
	Genetically Modified Organism	0	31	31
	Cookery & Carpentry	0	16	16
	Interactive Legal Lecture	0	20	20
	Culmination Activity	0	38	38
2	CF Bacolod Summer Outing	75	75	150
3	CF Iloilo Summer Outing	35	35	70

<i>CF CEBU</i>				
1	Women's Month Activities			
	Opening Programme	6	25	31
	Sun Life Presentation	17	32	49
	AXA Presentation	12	35	47
	NU Skin Makeover	2	27	29
	AVON Makeover	6	21	27
	Violence Against Women & Children	10	27	37
	Breast/ Cervical Cancer Awareness	8	32	40
	Legal Forum	15	24	39
	Closing Programme	9	37	46
2	CF Cebu MWR Summer Outing 2017	297	375	672
3	CF Bingo Social 2017	85	107	192
<i>CF DAVAO</i>				
1	Women's Culmination Day	3	44	47
2	CF DAVAO MWR PARTY	81	59	140
<i>CF ILOCOS NORTE</i>				
1	Women's Month Activities			
	Opening Programme	0	16	16
	Cross-fit Training	1	8	9
	Feeding Program	1	3	4
	Women Empowerment	0	21	21
	Wellness	5	16	21
	Make-up Application	0	8	8
	Interactive Legal Lecture	6	7	13
	Culmination Program	2	21	23
2	CF Ilocos Norte Summer Outing	44	21	65
<i>CF MALATE</i>				
1	Women's Month Activities			
	Pinning of Ribbons	200	0	200
	Badminton Clinic	17	6	23
	Giving of Cupcakes	1000	0	1000
	Hand & Foot Pampering	70	0	70
<i>CF OLONGAPO</i>				
1	Women's Month Activities			
	Zumba and Piloxing Fitness	0	15	15
	Ladies' Night party	0	37	37
	Body/Foot Massage	0	38	38
<i>CF PAVILION</i>				
1	Women's Month Activities			
	Minute to Win It	0	29	29
<i>CF TAGAYGAY</i>				
1	CF TAGAYTAY MWR Social Activity	150	150	300
2	CF Iloilo Employees Bingo	35	35	70

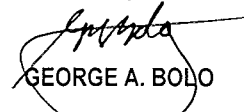
SPORTS PROGRAMS				
INTER-AGENCY EVENTS				
1	Baton Run	3	2	5
2	GCAA Golf Tournament of 2017	16	2	18
3	GCAA Sports Fest	18	21	39
4	GCAA Badminton Tournament 2017	19	10	29
5	GCAA Shoot Fest 2017	24	6	30
6	2ND PMAP PINOY OLYMPICS	15	12	27
7	GCAA Volleyball Tournament	12	12	24
8	GCAA Tenpin Bowling Tournament	10	10	20
9	GCAA Basketball Tournament	32	0	32
10	GCAA 10-Ball Billiard Tournament	10	1	11
11	GCAA Dance Sports	14	7	21
12	GCAA Chorale Festival	6	10	16
SATELLITE OPERATIONS GROUP 2				
1	SOG2 - Chess Tournament	13	0	13
SATELLITE OPERATIONS GROUP 3				
1	SOG 3 - OPEN RUN / WALK	12	8	20
2	SOG 3 - OPEN RUN / ZUMBA	3	3	6
3	SOG 3 - OPEN BIKING	6	0	6
SATELLITE OPERATIONS GROUP 5				
1	SOG 5 - Basketball	13	34	47
2	SOG 5 - BADMINTON CLINIC / TOURNAMENT	8	12	20
3	SOG 5 - Bowling	21	5	26
4	SOG 5 - ZUMBA	20	21	41
CF ANGELES				
1	CF ANGELES - Clark Animo Run	22	17	39
2	CF ANGELES - 41ST NATIONAL MILO RUN	19	18	37
3	CF ANGELES - CLARK HEROES RUN	17	9	26
CF BACOLOD				
1	CF BACOLOD - Inter-Color Duck Pin Bowling Tournament	10	25	35
2	CF BACOLOD - 9 balls billiard tournament	0	32	32
3	CF BACOLOD - TABLE TENNIS TOURNAMENT	13	6	19
4	CF BACOLOD - Inter-Department 8 ball doubles billiard tournament	30	0	30
5	CF BACOLOD - Basketball	75	0	75
CF CEBU				
1	CF CEBU - ZUMBA	30	55	85
2	CF CEBU - BOWLING TOURNAMENT	6	2	8
3	CF CEBU - Bowling Tournament	10	10	20
4	CF CEBU -Badminton Tournament	31	12	43
5	CF CEBU -Dart Tournament	35	0	35
6	CF CEBU -Basketball Tournament	150	0	150
CF DAVAO				
1	CF DAVAO - Sariling Sikap Basketball	58	0	58
2	CF DAVAO - Zumba	1	12	13
3	CF DAVAO - MWR Basketball	70	0	70
CF MALATE				
1	CF MALATE - MWR Basketball	100	60	160
CF MANILA BAY				
1	CF PAVILION - Runrio Natgeo Earth Day Run 2017	13	11	24
2	CF PAVILION - Fun Ride (Road and Mountain Bike)	26	4	30
3	CF PAVILION - INVITATIONAL GOLF TOURNAMNET	17	3	20
4	CF PAVILION - BASKETBALL (Invitational)	150	0	150
5	CF PAVILION - Fun Run (Invitational)	20	10	30
6	CF PAVILION - Tenpin Bowling tournament (Invitational)	50	20	70
7	CF PAVILION - Fun Ride II (Road and Mountain Bike)	16	4	20
8	CF PAVILION - Billiards (Invitational Tournament)	16	5	21
CF OLONGAPO				
1	CF OLONGAPO - ULO NG APO MARATHON	7	7	14
CF TAGAYTAY				
1	CF TAGAYTAY - Fun Run	6	6	12

HOBBIES & INTERESTS				
SATELLITE OPERATIONS GROUP 3				
1	SOG 3 - PERSONALIZED PRINTING	18	16	34
SATELLITE OPERATIONS GROUP 5				
1	SOG 5 - BASIC KNIFE AND GUN DEFENSE	24	8	32
2	SOG5 - ORIENTAL FOOD MAKING	21	14	35
CF ANGELES				
1	CF ANGELES - Baking Class	3	17	20
2	CF ANGELES - LIFESTYLE COURSE (FAST FOOD COURSE)	3	11	14
CF BACOLOD				
1	CF BACOLOD - BREAD MAKING	4	29	33
2	CF BACOLOD - BALLROOM DANCE LESSON	6	24	30
CF DAVAO				
1	CF DAVAO - Donut Making	10	20	30
CF MANILA BAY				
1	CF PAVILION - MWR OUTDOOR ACTIVITY (PHOTOGRAPHY)	11	9	20
2	CF PAVILION - Oriental Food Making	20	15	35
3	CF PAVILION - Flower Arrangement	25	10	35
4	CF PAVILION - Meat Processing	19	16	35
5	CF PAVILION - Cookies and Pastries	18	17	35
SPIRITUAL ACTIVITIES				
1	Lenten Recollection	11	14	25
2	Mass	7	25	32
3	Visita Iglesia	6	14	20
4	At Home with Jesus (Lenten Spiritual Enrichment of CF Olongapo)	20	11	31
5	Values Enrichment Seminar (Lenten Recollection of CF Pavilion)	30	30	60
6	Spiritual Enhancement - 1st Friday Mass for CF Tagaytay	180	180	360
7	CF CEBU - Advent Recollection	10	34	44
8	CF BACOLOD- Advent Recollection	21	9	30
TOTAL NUMBER OF PARTICIPANTS		9212	5963	15175

Prepared by:


KRYSTAL ANN F. GARCIA
HRA

Checked by:


GEORGE A. BOLO
SHRO